

DIANE GARZA

Leadership Instructor and Executive Coach



Diane Garza is the Founder and CEO of iCatalyze, a consulting firm offering custom leadership development workshops, executive programs, and leadership coaching.

She is a dynamic and passionate speaker, capable of engaging audiences and conveying knowledge through experiential learning. Diane has a special talent for recognizing and cultivating the potential in others, serving as a **CATALYST** for personal and professional development.

Through her speaking, teaching and coaching, she seeks to inspire each individual to tap into their strengths to become a better leader. She draws from methodologies such as adaptive leadership, strengths-based leadership developed by Gallup, emotional intelligence and mindfulness to support each individual in their growth.

SPEAKING TOPICS

Find your Power

We tend to create our own barriers. Whether it's not speaking up at a meeting, not launching a business idea or thinking we don't deserve what we want, we've all experienced similar challenges. This talk will offer tools, reflections and practical lessons based on emotional intelligence to be able to take charge of your life.

Coaching Skills for Non-Coaches

Coaching is one of the most powerful, yet least developed and underutilized skills available to a leader. This talk introduces the fundamental practices of coaching - observe, listen, ask and respond - for executives who want to develop the talent of their people.

Setting Goals you will Actually Accomplish

Anyone who has set a New Year's resolution which they couldn't keep can identify. It's not enough to merely set a goal. One has to have strategies in place and accountability in order to make them a reality. This talk provides tools and insights to increase your chances of success.

PRAISE FOR DIANE

"Diane is very didactic and dynamic. Her friendly way to conduct class made me feel welcome and safe and helped me to understand better the content of the class which was great."

"Diane was excellent. Her classes are dynamic and interesting. She has a terrific background and expertise."

"I strongly recommend coaching and Diane as a coach, because she has a special ability to connect with any person, thus creating a trusting environment. She helped me understand my emotions and the impact those had in my daily life. Most importantly: she helped me find serenity and harmony."

"Thanks to my coaching, I have improved many aspects in my professional career. I have developed important skills related to strengthening networks, relationships and leveraging job opportunities."

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